

# RAPIDS SWIM CLINIC



**Monday, Tuesday, Wednesday**

**March 11-April 10**

**\*NO clinic April 1, 2, 3**

**WEEK 1: MARCH 11, 12, 13  
FREESTYLE, STARTS, TURNS**

**WEEK 2: MARCH 18, 19, 20  
BACKSTROKE, STARTS, TURNS**

**WEEK 3: MARCH 25, 26, 27  
BREASTSTROKE, STARTS, TURNS**

**WEEK 4: APRIL 8, 9, 10  
BUTTERFLY, STARTS, TURNS**

**COST: \$100 for 3x a week for 4  
weeks**

**12 AND UNDER: 5:30-6:30PM**

**13 AND OLDER: 6:30-7:30PM**



**BOYS & GIRLS CLUB  
OF GREATER WESTFIELD**

**SIGN UP AT THE FRONT DESK.**

**FOR MORE INFORMATION PLEASE CONTACT COACH KAYLA [kgurney@bgcwestfield.org](mailto:kgurney@bgcwestfield.org)**